## DEVELOPMENT EDUCATION AND **INCREASE OF AWARENESS**

### The Spanish nursing sector is committed to cooperation

In Spain, FUDEN promotes nurses as agents for development and increase of awareness, since they are essential parts of a functional and organizational structure of the health system and also they are the connecting link between the healthcare system and the community.

One of the challenges of cooperation is the access to health in equal conditions, with the work of all the actors present in the cooperation process. The increase of awareness concerning this reality has centred the initiatives carried out from the area of Awareness and Education for Development of FUDEN, as well as the programme Vacaciones Solidarias.

People, nursing practitioners, nursing students and sectors such as young people and schoolchildren are the recipients of the activities carried out by FUDEN.

#### Schoolchildren

Veneras, 9 - 1<sup>a</sup> planta - Madrid 28013

Facebook: http://www.facebook.com/

fudenenfermera Twitter: @fuden es

www.lasaluddelaspoblaciones.es

fuden cooperacion@fuden.es

Tel.: 91 548 27 79

Fax: 91 542 30 18

www.fuden.es

Programme to increase awareness of schoolchildren in terms of global inequities in healthcare. In October 2015, FUDEN and the Council of Granada raised awareness of 300 schoolchildren concerning the Millennium Goals, through the theatrical performance "Tú la llevas". This is a project corresponding to the call for proposals 2014.

#### Conferences and courses

The purpose of the conferences of education for development proposed by FUDEN in 2015 in collaboration

with the Councils of Granada and Malaga is to increase awareness of nursing practitioners in terms of global inequities, respect of human rights and gender equality. These conferences are scheduled for 2016.

In line with the projects proposed in 2014, the Foundation and the Principality of Asturias trained in March 2015, 30 nurses in terms of gender equality and human rights. Two of them completed their knowledge with a grant to attend a course on this subject in Madrid, in May, delivered by the Asociación

Likewise, as part of the projects of 2013, 30 nurses improved their knowledge on public health inequities and tropical diseases in a course organized by FUDEN and the Council of Granada.

In 2015, FUDEN Cooperación Enfermera organized several activities to promote its projects, such as the exhibition on the impact of nursing cooperation carried out by FUDEN and the Government of Castile and Leon (Junta de Castilla y León) in the bateyes of the Dominican Republic, organized in the health care centre of Pedrosillo El Ralo, in Salamanca.

Finally, the Foundation explained the situation of the rights of women in Niger during the conference organized by the *Hospital* Universitario Gregorio Marañón in Madrid on the occasion of the International Nurses Day.

### Vacaciones Solidarias (Solidarity Holidays)

One of the purposes of the

Programme Vacaciones Solidarias is to become aware of the reality of nursing in other countries and other work conditions. This programme celebrated its eleventh edition in 2015. From September to October, 34 nurses travelled to São Tomé and Príncipe and Mozambique, in Africa; and Cuba, Nicaragua and the Dominican Republic, in America.

Spanish nurses to accompany and observe the work of their local colleagues, with the purpose of sharing experiences and learn about healthcare systems and educational systems other than the Spanish ones, both parties benefiting from their respective capabilities and skills.

Vacaciones Solidarias enables the

#### Workshops in Cuenca

Before travelling, the nurses who have joined the programme participate in a course in Cuenca, where they study several issues related to cooperation for development and awareness on global inequities in healthcare. Almost 50 nursing practitioners attended the workshops organized in

#### **Awareness Agents**

After their return to Spain, they become agents for awareness and education for development, with their participation in conferences where they share their experiences with Vacaciones Solidarias.

#### LOCAL PARTNERS

Ministries of Health of: Ministries of Health of: para el Desarrollo, AECID) Guatemala Cooperación Galega

Equatorial Guinea Nicaragua

The Dominican Republic São Tomé and Príncipe

Cuban Society of Nursing Dominican Association of Professional Nurses Guatemalan Association of Professional Nurses Nicaraguan Association of Nurses

National Association of Nurses in Mozambique (ANE-

National Association of Nurses and Midwives of São

Regional Directorate of Public Health of Maradí (Niger)

### **FUNDING INSTITUTIONS**

Spanish Agency for International Development Cooperation (Agencia Española de Cooperación Internacional

Parliament of Andalusia

Provincial Councils of: Seville

Councils: Granada Malaga Oviedo Salamanca

Banks:

Grupo Banco Popular

Private institutions: Marathon E.G. Production Limited

# Contributions Centralized

Decentralized Contributions FUDEN and partners 2.796.816.99 Total

FUDEN receives 0.7 per cent of the members' contributions to the Nursing Trade Union (Sindicato de Enfermería, SATSE) for projects of nursing cooperation and professional development.

Annual accounts of FUDEN for 2015 have been audited by the company Abey Grad, S.L.P. and they comply with the accounting principles and regulations established by the applicable law. Supporting documents may be examined at www.fuden.es

Renewal of EFOM quality recognition. In 2015, FUDEN was granted renewal of its EFOM quality recognition (European Foundation Quality Management), which was initially awarded in 2013 by the Club for Excellence in Management. This recognition renews the Foundation's commitment to quality of work. Also, FUDEN has the support of the Tool for Transparency and Good Governance of the Spanish Coordinator for DNGOs (CONGDE) and it also has the advanced-level certificate as a continuing training centre from the Andalusian Healthcare Quality Agency.





### Fuden Fundación para el desarrollo de la Enfermería Cooperación Enfermera

## Fuden

Fundación para el desarrollo de la Enfermería Cooperación Enfermera

## ANNUAL REPORT

the value of cooperation



## PROGRAMMES OF DEVELOPMENT COOPERATION

### Nursing cooperation, health and welfare

Fuden Cooperación Enfermera, within the framework of Human Rights. promotes programmes in strategic sectors that allow a measurable and permanent impact on public healthcare. The Foundation plans its work applying strategies that are essential in promoting public health and nurse practitioners, who become development agents.

#### Primary healthcare and basic sanitation

Within the framework of the Right to drinking water and basic sanitation, the goal is to improve the health and hygiene conditions of the most vulnerable groups of people, who live in poverty, by training nurses in health education and hygienic care, promoting Primary healthcare, enhancing their skills and promoting resources and means they have available. This is the work that FUDEN carries out in countries such as the Dominican Republic.

#### **Emergencies**

E In many cases, the first contact the patients have with the health system is through nursing, particularly in places of difficult access and rural communities, where they are the only resource. Hence the importance of providing emergency services to tackle emerging problems, through the training and creation of teams that are capable of attending the population. Transversally the projects carried out by

FUDEN Cooperación Enfermera take into account such kind of care.

#### Maternal and Child Health

FUDEN's priorities are to promote sexual and reproductive rights, to reduce morbidity and mortality rates in women of childbearing age, pregnant women and children under 5 years old. These priorities are pursued by enhancing professional competence and knowledge of the nurses, midwives and other birth attendants in obstetrics, training them in techniques for a clean and safe birth attendance and postpartum, providing them with the means required to improve the mother's and newborn's health. The programmes of the Foundation in Niger, Nicaragua and Guatemala – in

this last country corresponding to

The goal of the professionalization

programmes for nurses is to mitigate

the call for proposals of 2014- revolve

#### Professionalization

around said guidelines.

the deficit of health-care attendants. particularly, nurses, in the least economically developed countries. These programmes provide nurses with the training required to carry out their functions, in collaboration with nursing schools and universities. In Equatorial Guinea, FUDEN has started in 2015 the second phase of professionalization of nursing assistants in Gynaecology/Obstetrics and it has completed the third phase of the programme corresponding to the nurses.

### **Institutional Strengthening**

The purpose is to promote the work of local nursing organizations, which are provided with the resources required for their appropriate operation. This means boosting the labour-union development, the access to knowledge and to the information technologies applied to health. According to these criteria, the Foundation for the Development of Nursing (Spanish acronym, FUDEN) works with its local partners in America and Africa, with specific programmes in Equatorial Guinea and Niger.

### Transversal axes

Gender approach, with a great impact on the strengthening of women -especially in patriarchal societies-, intercultural respect and environmental care are three transversal axes promoted by FUDEN in all its projects.

Fuden Cooperación Enfermera promotes programmes in strategic sectors that allow a measurable and permanent impact on public healthcare, aiming at promoting the achievement of new Sustainable **Development Goals** 

#### **DISTRIBUTION OF EXPENSES BY SECTORS (YEAR 2015)**

Sectors	Euros
Primary Healthcare	53.458,56
Maternal and Child Health	583.393,98
Institutional Strengthening	387.290
Professionalization	888.869,32
Total	1.868.011,86

<b>s</b>	Number of projects	Nurses and health care attendant beneficiaries	Population beneficiary
8	3	80	28.574
0	4	682	552.259
2	1	2.265	1.772.00
_	1	67	1.772.000
6	Total	3.094	4.124.83

## INTERNATIONAL PRESENCE

#### Present in seven countries in America and Africa

4.124.833

of Nursing (Fundación para el Desarrollo de la Enfermería, FUDEN), through its department of Nursing Cooperation, has been working since 1999 to improve quality of healthcare in different countries though the development of nursing.

The Foundation for the Development

Currently, through different annual calls for proposals, FUDEN carries out nursing cooperation activities in African countries, such as Mozambique, São Tomé and Príncipe, Equatorial Guinea or Niger and American countries such as Guatemala, the Dominican Republic and Nicaragua.

FUDEN has regional offices to carry out its activities in countries such as Nicaragua, the Dominican Republic, Equatorial Guinea and Niger.

During 2015, FUDEN has boosted its nursing cooperation programmes in Equatorial Guinea, with the professionalization of nursing assistants in general nursing care and Nicaragua in gynaecology/obstetrics and it has In 2015, FUDEN carried out several also improved the permanent training projects to promote integral health of of nurses.

Maternal and child health and the promotion of sexual and reproductive rights of people, in particular of adolescents, have been other areas of Galicia), and in the municipality of work of FUDEN in 2015, in countries Somoto, with the Council of Malaga. like Nicaragua.

Meanwhile, in the Dominican Republic, the Foundation has continued to support the restoration of the right to health and the improvement of life conditions of the people who live in the bateves of the province of Monte Plata.

#### Guatemala

In this Central American country, FUDEN and AECID (Spanish Agency in the department of Zelaya for International Development Cooperation) have continued with the AEXCID (Regional Government of execution of a project, corresponding Extremadura). It has also completed to the year 2014, to promote the rights several projects to improve nurse

to sexual and reproductive health and and healthcare staff training in the right to food for the people who live in the area of Chiquimula.

#### Equatorial Guinea

The FUDEN's professionalization programme goal to improve the level of health in Equatorial Guinea through the increase of nurses and midwives is still being pursued in the a convention to promote the right to African country. In 2015, the third phase of nurse professionalization has region of Maradí, by strengthening been completed and the second phase the public health system and of training of nursing assistants in community participation. Gynaecology-Obstetrics has begun, with the collaboration of the company Marathon Oil and the Ministry of Health and Social Welfare. Likewise, FUDEN, in collaboration with AECID has started a new project to improve the permanent training of nurses.

#### Mozambique

FUDEN has maintained its presence in this African country, which is still area, thanks to the initiatives funded one of the destinations of the Spanish by the Provincial Council of Seville nurses who join the programme Vacaciones Solidarias (Solidarity

children from 0 to 5 years old, with focus on prevention and treatment of malnutrition in the department of Central Zelaya, with the Local Government of Galicia (Xunta de Also, with the collaboration of the Provincial Council of Jaen (Diputación de Jaén), it has contributed to restore the right to health and sexual and reproductive rights of women and men, with focus on adolescents, in the municipality of Tipitapa.

Besides, as part of the call for proposals of 2014, FUDEN has continued with the execution of other strategies similar to those with the collaboration of the

municipalities like Bluefields, with the collaboration of the Parliament of Andalusia, the Provincial Council of Jaen and the Council of Malaga.

In this country, FUDEN and AECID have continued carrying out sexual and reproductive health in the

#### The Dominican Republic

The projects of FUDEN in the Dominican Republic are focused on the improvement of the right to health of the people who live in the province of Monte Plata. The work improves the access to drinking water and the hygienic-sanitary conditions of the inhabitants of the bateyes of this and the Councils of Oviedo and Salamanca.

Also, in 2015, but corresponding to previous years, FUDEN has completed several similar initiatives linked to the Asturian Agency of Cooperation for Development (Agencia Asturiana de Cooperación al Desarrollo). It has also completed the improvement of the sanitary resources of the primary healthcare unit of Los Botados. with the collaboration of the Local Government of Huesca (Diputación de Huesca) and the Council of Teruel.

#### São Tomé and Príncipe

FUDEN has maintained its presence in this African country, which is still one of the destinations for the Spanish nurses who join the programme Vacaciones Solidarias (Solidarity Holidays).



#### **DISTRIBUTION OF EXPENSES BY COUNTRIES (YEAR 2015)**

Countries	Euros
Dominican Republic	53.458,56
Equatorial Guinea	1.276.159,32
Nicaragua	144.024,95
Niger	394.369,03
Total	1.868.011,86